

HYDROPATH

Meaning: A hydropath is a practitioner who uses water therapy as a treatment for health and wellness.

1. The hydropath explained the benefits of water therapy to her intrigued clients.
2. During the late 19th century, many people sought treatment from a hydropath for various ailments.
3. The hydropath recommended a regimen of cold baths and herbal infusions to promote wellness.
4. She embraced the principles of a hydropath, believing in the healing power of natural water sources.
5. His experiences as a hydropath led him to write a book on the therapeutic effects of hydration.

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