

HUMORALIST

Meaning: Humoralist: a practitioner or proponent of the ancient medical theory that health and emotions are determined by the balance of bodily fluids.

1. The humoralist approach in ancient medicine emphasized the balance of bodily fluids.
2. As a humoralist, she believed that emotions were influenced by the body's physical state.
3. The humoralist theory was once a dominant paradigm in understanding human health and behavior.
4. In discussions of historical medicine, the humoralist perspective often emerges as a fascinating topic.
5. Many early physicians, identifying as humoralists, sought to treat patients by adjusting their internal balances.

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