

HORSE-CHESTNUT

Meaning: Horse-chestnut refers to a type of tree (Aesculus hippocastanum) known for its showy flowers and spiky seed capsules, with seeds commonly called conkers.

1. The horse-chestnut tree is known for its beautiful white or pink flower spikes in spring.
2. Children often collect horse-chestnut seeds, also known as conkers, during the autumn months.
3. The horse-chestnut is not actually a true nut, but rather a seed from the tree's large spiky fruit.
4. In many parks, horse-chestnut trees provide ample shade and a picturesque setting for picnics.
5. Horse-chestnut extract is sometimes used in herbal remedies to promote circulation and reduce swelling.

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