

HOLDBACK

Meaning: Holdback (verb): To restrain or suppress something, such as emotions or abilities.

1. It's important not to hold back your true feelings in a relationship.
2. The team's lack of confidence seemed to hold back their performance during the game.
3. She decided to hold back her criticism until after the presentation was finished.
4. His fear of failure can sometimes hold back his potential for success.
5. To really connect with the audience, you should never hold back your enthusiasm.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/holdback>