

HERNIOTOMY

Meaning: Herniotomy is a surgical procedure that involves the removal of the sac containing herniated tissue, typically to alleviate pain and prevent complications from a hernia.

1. A herniotomy is often performed to relieve pain and prevent complications from an inguinal hernia.
2. The surgeon explained that a herniotomy involves removing the sac that contains the herniated tissue.
3. After the herniotomy, the patient was advised to rest and avoid heavy lifting for several weeks.
4. In some cases, a herniotomy may be combined with mesh placement to reinforce the abdominal wall.
5. The recovery process following a herniotomy can vary depending on the complexity of the procedure.

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