

HERNIA

Meaning: A hernia is a medical condition in which an organ protrudes through an abnormal opening in the surrounding muscle or tissue.

1. A hernia occurs when an organ pushes through an opening in the muscle or tissue that holds it in place.
2. After his surgery, the doctor advised him to avoid heavy lifting to prevent a recurrence of the hernia.
3. Many athletes are at risk for developing an inguinal hernia due to the physical demands of their sport.
4. Symptoms of a hernia can include pain, discomfort, and a noticeable bulge in the affected area.
5. Early diagnosis and treatment of a hernia can lead to better outcomes and quicker recovery times.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/hernia>