

HELOT

Meaning: Helot: a member of a subjugated population in ancient Sparta who was bound to serve the ruling class, often subjected to harsh treatment and oppression.

1. The Helots of ancient Sparta were subjected to a harsh and oppressive system of servitude.
2. In discussions of ancient Greek society, the role of Helots often highlights the complexities of class and power dynamics.
3. Despite their status as serfs, Helots played a crucial role in sustaining the Spartan economy through agricultural labor.
4. The relationship between Spartans and Helots was marked by fear and control, as Helots outnumbered their masters significantly.
5. Historians often debate the extent of Helot resistance against Spartan rule throughout the centuries.

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