

# HEBETATING

*Meaning: Hebetating refers to the process of dulling or making someone mentally sluggish or less alert.*

1. The long hours of monotonous work were hebetating his once sharp mind.
2. After weeks of studying without breaks, she found herself feeling hebetating and unable to concentrate.
3. His habitual late nights had a hebetating effect on his productivity and enthusiasm.
4. The dreary weather outside seemed to have a hebetating influence on the entire class.
5. Engaging in the same routine day after day can be hebetating for even the most motivated individuals.

---

Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)

<https://sentences.whatistheurl.com/sentence/hebetating>