

HEARTBURN

Meaning: Heartburn is a painful burning sensation in the chest caused by the reflux of stomach acid into the esophagus.

1. After indulging in a spicy meal, I was kept awake all night by heartburn.
2. She reached for an antacid to relieve the heartburn that had been bothering her since dinner.
3. Frequent heartburn can sometimes indicate a more serious condition that requires medical attention.
4. He learned to avoid acidic foods after suffering from heartburn during his vacation.
5. Heartburn can often be alleviated by drinking plenty of water and staying upright after meals.

Source: sentences.whatistheurl.com

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