

HEALTHSOME

Meaning: Healthsome refers to food or dietary choices that are beneficial to health and contribute to overall well-being.

1. A diet rich in fruits and vegetables is considered healthsome and can significantly improve overall well-being.
2. Many people believe that healthsome foods can boost energy levels and enhance productivity throughout the day.
3. She prefers to cook with healthsome ingredients that nourish both the body and the mind.
4. The restaurant focuses on crafting healthsome meals that cater to various dietary preferences.
5. Incorporating regular exercise into your routine is a healthsome choice that promotes longevity.

Source: sentences.whatistheurl.com

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