

HEALING

Meaning: Healing is the process of restoring health or well-being, often involving emotional or psychological recovery.

1. Healing takes time, and it often requires both patience and self-compassion.
2. The gentle sound of water in the forest provided a sense of healing for her troubled mind.
3. Many cultures have rituals that focus on the healing properties of nature and community.
4. After the accident, he found solace in art as a form of healing for his emotional scars.
5. Yoga and meditation can be powerful tools for promoting physical and emotional healing.

Source: sentences.whatistheurl.com

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