

HALF-STRAINED

Meaning: Half-strained: exhibiting a partial or incomplete level of tension or effort, often reflecting a mix of exertion and restraint in response to physical or emotional stress.

1. The athlete felt half-strained after his intense workout but was determined to push through.
2. Her half-strained smile suggested that she was trying to stay positive despite the difficult situation.
3. The musician's half-strained notes added a layer of emotion to the otherwise perfect performance.
4. He approached the task with a half-strained focus, aware of the lingering fatigue from the previous night.
5. In the heat of the debate, her half-strained arguments struggled to hold up against the opposing viewpoints.

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