

GUILT-SICK

Meaning: GUILT-SICK (adjective): experiencing a profound sense of remorse or regret that causes emotional distress.

1. She felt guilt-sick after realizing how her actions had hurt her best friend.
2. Despite her outward bravado, the guilt-sick feeling gnawed at her every day.
3. He couldn't shake the guilt-sick sensation that lingered after lying to his family.
4. The guilt-sick weight on her chest made it difficult to focus on anything else.
5. Even years later, the guilt-sick memories haunted him like a dark shadow.

Source: sentences.whatistheurl.com

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