

GRUDGE

Meaning: A grudge is a persistent feeling of ill will or resentment resulting from a past insult or injury.

1. She held a grudge against him for years after the betrayal.
2. It's easy to let a grudge fester, but forgiveness can lead to healing.
3. Despite their differences, she decided to put aside her grudge and start fresh.
4. He realized that holding onto a grudge was only harming himself in the long run.
5. Their friendship ended due to a petty grudge that neither was willing to let go.
6. She held a grudge against her former colleague for taking credit for her work.
7. It's hard to forgive when you carry a grudge for so long.
8. He decided to let go of the grudge and move on with his life.
9. Their friendship ended when a small misunderstanding turned into a lasting grudge.
10. Holding a grudge can weigh heavily on one's mental well-being.
11. It's difficult to move forward in life when you carry a grudge.
12. He finally decided to let go of the grudge and forgive his old friend.
13. Her grudge had festered for so long that it affected her happiness.
14. To truly heal, one must sometimes release the burdens of past grudges.

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