

GRAPPLING

Meaning: Grappling refers to the act of struggling or wrestling with difficult ideas, problems, or emotions.

1. The athlete was grappling with the complexities of his new training regimen.
2. In the midst of the debate, she found herself grappling with conflicting opinions.
3. The young child was grappling to understand the concept of sharing with others.
4. He spent the afternoon grappling with his thoughts before making a final decision.
5. Grappling with his emotions, he finally decided to seek help from a therapist.

Source: sentences.whatistheurl.com

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