

GOUT

Meaning: Gout is a form of arthritis characterized by sudden, severe pain, redness, and swelling in the joints, often caused by high levels of uric acid in the blood.

1. Gout is often triggered by a diet high in purines, such as red meat and shellfish.
2. After suffering from a painful attack of gout, he decided to change his eating habits.
3. Many people with gout find relief through proper hydration and medication.
4. Despite being a common condition, gout can significantly impact one's quality of life.
5. His doctor explained that gout occurs when excess uric acid crystallizes in the joints.

Source: sentences.whatistheurl.com

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