

# FOREHOOK

*Meaning: A forehook is a boxing punch delivered with the lead hand, typically aimed at the opponent's head or body, often executed in close range.*

1. The boxer landed a powerful forehook that caught his opponent off guard.
2. She practiced her forehook technique repeatedly until it felt natural in the ring.
3. In martial arts, a well-executed forehook can be a game-changer during sparring.
4. The coach emphasized the importance of precision when delivering a forehook.
5. During the match, his forehook was so effective that it led to a quick knockout.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/forehook>*