

# FOREBEAR

*Meaning: To forbear means to refrain from or hold back from doing something, particularly in terms of judgment or criticism.*

1. To forbear from judging others immediately can foster a more understanding environment.
2. She decided to forbear her criticism and instead offered her support during the difficult time.
3. In moments of frustration, it is wise to forbear and consider the feelings of those around you.
4. He chose to forbear his desire for revenge and seek a more peaceful resolution instead.
5. Forbearance in challenging situations often leads to better outcomes than impulsive reactions.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/forebear>*