

FOOTPACE

Meaning: Footpace: (noun) the rate or speed of walking or running, particularly in relation to maintaining stamina and efficiency during physical activity.

1. The coach emphasized the importance of maintaining a steady footpace during the marathon.
2. As the hikers navigated the rocky terrain, they adjusted their footpace to preserve energy.
3. She found that increasing her footpace helped her improve her overall running time.
4. With each passing mile, they fell into a comfortable footpace, enjoying the rhythm of their strides.
5. The rhythmic footpace of the dancers captivated the audience, creating a mesmerizing performance.

Source: sentences.whatistheurl.com

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