

FLOG

Meaning: To subject someone to harsh or severe punishment or effort, often in a physical or demanding context.

1. The coach decided to flog the players during practice to improve their stamina.
2. After the disappointing performance, the manager threatened to flog the team in the next match.
3. He felt it was unfair to flog the horse so hard when it was already exhausted.
4. The novel's protagonist struggles with the decision to flog his own mistakes or learn from them.
5. Many people believe that to flog a dead horse is a futile exercise in frustration.

Source: sentences.whatistheurl.com

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