

FIBU-LAR

Meaning: Fibular refers to anything related to the fibula, the outer and thinner of the two bones in the lower leg, important for balance and movement.

1. The fibular region of the leg plays a crucial role in balance and movement.
2. Injuries to the fibular nerve can lead to weakness in foot dorsiflexion.
3. Athletes often strengthen their fibular muscles to prevent ankle injuries.
4. The fibular head serves as an attachment point for several important ligaments.
5. During the examination, the doctor palpated the fibular area for any signs of tenderness.

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