

FATTY

Meaning: Fatty: containing a high amount of fat.

1. The doctor advised her to reduce her intake of fatty foods to improve her heart health.
2. He enjoyed a rich, fatty steak, savoring every bite despite knowing it wasn't the healthiest choice.
3. The recipe called for a fatty cut of meat, which would ensure the dish was flavorful and tender.
4. Many health experts caution against consuming excessive amounts of saturated fatty acids found in processed snacks.
5. Her dietitian recommended opting for lean proteins instead of fatty meats to maintain a balanced diet.

Source: sentences.whatistheurl.com

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