EXTENSOR

Meaning: Extensor: a muscle or tendon that serves to extend a limb or body part, particularly by increasing the angle at a joint.

1. The extensor muscles in the forearm play a crucial role in extending the fingers.
2. During the rehabilitation process, the therapist focused on strengthening the extensor tendons.
3. In anatomy class, we learned that the extensor digitorum is responsible for extending the fingers at the joints.
4. A strained extensor muscle can lead to significant discomfort and limited mobility.
5. Understanding the function of the extensor muscles is essential for athletes to prevent injuries.

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