

EXPECTORANT

Meaning: Expectorant: a medication that helps to loosen and expel mucus from the respiratory tract.

1. An expectorant can help to loosen mucus in the lungs, making it easier to cough up.
2. Many over-the-counter cough syrups contain expectorants to relieve symptoms of respiratory infections.
3. Doctors often recommend an expectorant when patients present with a productive cough.
4. Using an expectorant may improve breathing by clearing the airways of congestion.
5. It's important to stay hydrated while taking an expectorant to enhance its effectiveness.

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