

EUCRASY

Meaning: Eucrasy refers to a state of balanced health characterized by the harmonious functioning of bodily systems.

1. Eucrasy is often discussed in the context of achieving a balanced state of health.
2. The concept of eucrasy emphasizes the importance of harmony between various bodily systems.
3. In ancient medicine, eucrasy was considered essential for maintaining overall well-being.
4. The physician attributed her patient's recovery to a return to eucrasy after a period of illness.
5. Understanding eucrasy can provide valuable insights into holistic approaches to health care.

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