ESCHEW

Meaning: To eschew means to deliberately avoid or abstain from something, often for moral, ethical, or health reasons.

1. She decided to eschew processed foods in favor of a more natural diet.
2. In an effort to promote sustainability, the company chose to eschew plastic packaging.
3. The author urged readers to eschew negativity and focus on the positive aspects of life.
4. To maintain a healthy lifestyle, he made a conscious effort to eschew sedentary habits.
5. During the meeting, she advised the team to eschew unnecessary jargon in their presentations.

Source: sentences.whatistheurl.com

https://sentences.whatistheurl.com/sentence/eschew