

ERG

Meaning: 'ERG' is a unit of energy in the centimeter-gram-second system or a rowing machine used for performance testing in exercise science.

1. The term 'ERG' often refers to the unit of energy used in the centimeter-gram-second system.
2. In the realm of exercise science, an 'ERG' can describe a rowing machine designed for performance testing.
3. Teachers are encouraged to use the 'ERG' framework to enhance student engagement and learning outcomes.
4. The 'ERG' theory of motivation explains how individuals prioritize their needs in three categories: existence, relatedness, and growth.
5. During the meeting, the team discussed the latest findings from their research on 'ERG' impacts in environmental policy.

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