

EQUABLENESS

Meaning: Equableness refers to the state of being calm, composed, and even-tempered, especially in stressful situations.

1. Her equableness in stressful situations was admired by all her colleagues.
2. The therapist emphasized the importance of equableness for maintaining mental health.
3. In moments of chaos, his equableness served as a calming influence on the group.
4. Equableness often reflects a deep understanding of oneself and the world around us.
5. She approached the debate with an equableness that allowed for constructive dialogue.

Source: sentences.whatistheurl.com

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