

# ENEMA

*Meaning: Enema: a medical procedure involving the injection of fluid into the rectum to stimulate bowel movement or relieve constipation.*

1. The doctor recommended an enema to relieve the patient's constipation.
2. Many people find the idea of an enema uncomfortable, but it can be an effective treatment.
3. She prepared the enema solution carefully, following the instructions provided.
4. After the enema, he felt a significant sense of relief and lightness.
5. Some alternative health practices advocate for regular enemas for detoxification purposes.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/enema>*