

# ENDOSKELETON

*Meaning: An endoskeleton is an internal skeletal structure that provides support and protection for an organism's internal organs, commonly found in vertebrates.*

1. Many vertebrates, including humans, possess an endoskeleton that provides structural support and protection for internal organs.
2. The endoskeleton of a shark is made primarily of cartilage, making it lighter than the bony skeletons of many other fish.
3. In contrast to an exoskeleton, an endoskeleton allows for greater flexibility and growth in animals.
4. The development of an endoskeleton has enabled terrestrial animals to evolve larger body sizes over time.
5. Researchers study the endoskeletons of various species to understand evolutionary adaptations to different environments.

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