

# EMPAIR

*Meaning: Empair (verb): to weaken or damage the function or effectiveness of something.*

1. The constant stress from work began to impair her ability to concentrate on simple tasks.
2. Excessive screen time can impair a child's development and hinder social interactions.
3. His injury did not seem to impair his performance on the field during the game.
4. The lack of proper nutrition can significantly impair cognitive functions in children.
5. Long-term exposure to loud noise can impair hearing and lead to permanent damage.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/empair>*