

# DRAINING

*Meaning: Draining (adjective): causing extreme fatigue or depletion of energy.*

1. The long hours of studying were mentally draining, leaving her exhausted by the end of the week.
2. After a full day of hiking, the steep trails felt particularly draining on his legs.
3. She found the constant noise of the city to be draining, yearning for a quiet countryside retreat.
4. His draining experience with the project taught him valuable lessons about teamwork and resilience.
5. The emotional toll of the situation was draining, making it hard for her to focus on anything else.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/draining>*