

Downsitting

Meaning: Downsitting refers to the act of sitting down, particularly in a deliberate or mindful manner.

1. Downsitting at the edge of the crowded park bench, she let out a sigh of relief.
2. The teacher encouraged the students to practice downsitting quietly before the exam began.
3. After a long day at work, downsitting on the couch felt like a well-deserved reward.
4. He observed the art of downsitting in the yoga class, emphasizing relaxation and mindfulness.
5. Downsitting together in the cozy living room, they shared stories and laughter late into the night.

Source: sentences.whatistheurl.com

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