# DIVERTICLE

*Meaning: Diverticle: a small pouch or sac that forms in the lining of the digestive tract.*

1. A diverticle is a small pouch that can form in the lining of the digestive tract.

2. Doctors often recommend a high-fiber diet to prevent complications associated with diverticles.

3. When diverticles become inflamed, the condition is known as diverticulitis and requires medical attention.

4. Understanding the role of diverticles in digestive health is crucial for managing gastrointestinal issues.

5. Research has shown that diverticles are more common in individuals over the age of 50.

---

*Source: sentences.whatistheurl.com*

*https://sentences.whatistheurl.com/sentence/diverticle*