

DISWONT

Meaning: DISWONT (verb): to rid oneself of a habitual dependence or attachment.

1. He found it hard to diswont himself from the comforts of home after such a long absence.
2. As she traveled more, she began to diswont her reliance on familiar routines.
3. The therapy helped him gradually diswont the negative thought patterns that had held him back.
4. In order to embrace change, it was necessary for her to diswont her old habits.
5. They encouraged each other to diswont their fears and take bold steps forward.

Source: sentences.whatistheurl.com

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