

DISTRESSING

Meaning: Distressing (adjective): causing anxiety, sorrow, or discomfort; emotionally upsetting.

1. The news of the natural disaster was deeply distressing to everyone in the community.
2. She found it distressing to watch her friend struggle with addiction.
3. The documentary highlighted the distressing reality of child labor in many parts of the world.
4. His distressing memories from the war still haunted him years later.
5. The distressing symptoms of the illness prompted her to seek medical attention immediately.

Source: sentences.whatistheurl.com

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