

DISTRACTEDNESS

Meaning: Distractedness is the state of being unable to concentrate or focus due to external or internal interruptions.

1. Her distractedness during the lecture made it difficult for her to absorb the material.
2. He often struggled with distractedness, especially when trying to focus on complex tasks.
3. The constant noise in the café contributed to her feeling of distractedness while studying.
4. Despite his efforts to concentrate, his distractedness led him to miss important details in the report.
5. Mindfulness practices can help alleviate the effects of distractedness in daily life.

Source: sentences.whatistheurl.com

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