

DISLOCATING

Meaning: Dislocating refers to the act of causing a joint to become displaced from its normal position, often resulting in injury and pain.

1. The athlete was dislocating his shoulder while attempting a difficult gymnastics routine.
2. Her fall resulted in dislocating her knee, causing excruciating pain.
3. The doctor explained that dislocating a joint can lead to long-term mobility issues if not treated properly.
4. He was careful not to engage in activities that risk dislocating any of his joints again.
5. After dislocating his finger during a game, he had to sit out for the rest of the match.

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