

# DISCOMPOSURE

*Meaning: Discomposure refers to a state of mental or emotional disturbance or agitation, often resulting in a loss of calmness or composure.*

1. Her discomposure was evident as she struggled to maintain her composure during the interview.
2. The sudden loud noise caused a momentary discomposure among the audience, breaking their focus.
3. Despite his initial discomposure, he quickly regained his confidence and delivered a powerful speech.
4. She hid her discomposure well, but her trembling hands betrayed her inner turmoil.
5. In moments of discomposure, it helps to take a deep breath and collect your thoughts before responding.

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Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)

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