

# DIGESTIVE

*Meaning: Relating to the process of breaking down food in the body for nutrient absorption.*

1. The digestive system plays a crucial role in breaking down food for nutrient absorption.
2. Certain foods can aid in promoting a healthy digestive process.
3. She took a digestive enzyme supplement to help alleviate her bloating.
4. Fermented foods are known to be beneficial for digestive health.
5. After the meal, he felt a sense of relief as his digestive issues subsided.
6. The digestive system plays a crucial role in breaking down food and absorbing nutrients.
7. Digestive health is often linked to overall well-being and can affect mood and energy levels.
8. Probiotics are commonly recommended to support a balanced digestive microbiome.
9. After a heavy meal, some people prefer to take a walk to help their digestive process.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/digestive>*