

DIETICAL

Meaning: Dietical: relating to or concerned with diet and nutrition, particularly in promoting healthy eating habits.

1. The dietical approach to nutrition emphasizes whole foods over processed options.
2. Many health experts advocate for a dietical lifestyle to improve overall well-being.
3. Incorporating dietical principles can lead to sustainable weight loss and better health.
4. She attended a seminar focused on the dietical benefits of plant-based eating.
5. The dietical recommendations provided by the nutritionist were easy to follow and effective.

Source: sentences.whatistheurl.com

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