

DIAPHRAGM

Meaning: Diaphragm: a dome-shaped muscle located at the base of the thoracic cavity that plays a key role in respiration by contracting to facilitate breathing and regulating intra-abdominal pressure.

1. The diaphragm is a crucial muscle for breathing, as it contracts to allow air to enter the lungs.
2. During the medical examination, the doctor explained how the diaphragm helps regulate intra-abdominal pressure.
3. Yoga practices often emphasize the importance of diaphragmatic breathing for relaxation and stress relief.
4. In photography, the diaphragm refers to the adjustable opening in a lens that controls the amount of light entering.
5. An injury to the diaphragm can lead to significant respiratory issues and discomfort while breathing.

Source: sentences.whatistheurl.com

<https://sentences.whatistheurl.com/sentence/diaphragm>