

DETACHMENT

Meaning: Detachment refers to a state of emotional disengagement or separation from a situation, allowing for objective decision-making or coping.

1. Her emotional detachment from the situation made it easier for her to make a difficult decision.
2. The soldier spoke about the necessity of detachment in order to cope with the horrors of war.
3. With a sense of detachment, he observed the chaos around him without feeling overwhelmed.
4. Detachment from material possessions can lead to a more fulfilling and peaceful life.
5. In therapy, she learned that detachment doesn't mean indifference, but rather a healthy separation from stressors.

Source: sentences.whatistheurl.com

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