

DEPRESSANT

Meaning: A depressant is a substance that reduces the activity of the central nervous system, leading to effects such as relaxation and decreased anxiety.

1. Alcohol is often considered a central nervous system depressant.
2. Certain medications act as depressants and can help alleviate anxiety.
3. After a stressful day, she found that a warm bath served as a natural depressant.
4. Prescription depressants can be effective for short-term relief but may lead to dependency.
5. Heavy use of depressants can result in serious health consequences and should be monitored closely.

Source: sentences.whatistheurl.com

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