

DEPHLEGMATION

Meaning: Dephlegmation refers to the process of clearing mucus or phlegm from the respiratory system.

1. The doctor recommended a series of treatments to aid in the dephlegmation of her respiratory system.
2. After the cold passed, he noticed a significant process of dephlegmation, allowing him to breathe more easily.
3. Traditional remedies often focus on dephlegmation to help alleviate symptoms of chest congestion.
4. In herbal medicine, certain ingredients are believed to promote dephlegmation and improve lung health.
5. The patient's recovery was marked by gradual dephlegmation, as the cough became less frequent and less severe.

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