

# DELACTATION

*Meaning: Delactation is the process of weaning a baby from breastfeeding.*

1. The process of delactation can be challenging for both mothers and their newborns.
2. After several months of breastfeeding, she decided it was time for delactation to begin.
3. Delactation often requires careful planning and support to ensure a smooth transition for the baby.
4. Many experts recommend gradual delactation to minimize discomfort and emotional stress.
5. Understanding the signs of readiness can help parents navigate the delactation process more effectively.

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*Source: [sentences.whatistheurl.com](https://sentences.whatistheurl.com)*

*<https://sentences.whatistheurl.com/sentence/delactation>*