

DECOCTION

Meaning: Decoction: a method of extraction by boiling herbal or plant materials in water to create a concentrated liquid, often used for medicinal purposes.

1. The herbalist prepared a decoction of dried roots to create a potent remedy for colds.
2. After simmering the herbs for several hours, the rich decoction filled the kitchen with a fragrant aroma.
3. Decoction is often used in traditional medicine to extract the beneficial properties of tough plant materials.
4. She enjoyed a warm cup of ginger decoction, believing it would soothe her sore throat.
5. For optimal flavor, the recipe called for a slow decoction of the spices in the broth.

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