

DECOCT

Meaning: To decoct means to extract the flavors or active ingredients from substances, typically by boiling them in water or broth.

1. To prepare a traditional herbal remedy, you will need to decoct the roots for at least an hour.
2. The chef decided to decoct the vegetables in broth to enhance their flavors before serving.
3. After gathering the herbs, she began to decoct them slowly to extract their essential oils.
4. In order to maximize the nutrients, it's important to decoct the grains thoroughly before consumption.
5. He learned to decoct the medicinal plants carefully, ensuring that all beneficial properties were retained.

Source: sentences.whatistheurl.com

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