

# CUMIN

*Meaning: Cumin is a spice made from the dried seeds of the Cuminum cyminum plant, known for its warm, earthy flavor commonly used in various cuisines, especially in Middle Eastern dishes.*

1. Cumin is a key ingredient in many Middle Eastern dishes, adding a warm, earthy flavor.
2. The spice blend included cumin, coriander, and paprika for a rich, aromatic taste.
3. When roasted, cumin seeds release a delightful nutty aroma that enhances any meal.
4. Cumin can be used in both whole seed form and as a ground spice, depending on the recipe.
5. I always sprinkle cumin on my roasted vegetables for an extra layer of flavor.

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