

CRURAL

Meaning: Crural refers to the anatomical region relating to the thigh or leg, particularly the area around the lower part of the body.

1. The crural region of the body is often overlooked in discussions about muscle anatomy.
2. Surgeons must be cautious when operating in the crural area to avoid damaging important nerves.
3. In some medical conditions, inflammation can occur in the crural muscles, leading to discomfort.
4. The crural fascia plays a crucial role in supporting the structures of the lower leg.
5. Athletes often stretch their crural muscles to enhance flexibility and prevent injury.

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